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Canadian Martyrs Church

A welcoming Oblate Parish

100 Main Street, Ottawa, ON K1S 1C2

Phone: 613-232-5347 Fax: 613-232-5694
www.canadianmartyrs.org

4th SUNDAY IN ORDINARY TIME

Jan. 29-30/11

ANNOUNCED MASSES

Sat. Jan. 29	5:00	Alice Todkill req by her husband Pat
Sun. Jan. 30	10:00	John Robert Loguisto req by Colleen Loguisto
Tue. Feb. 1	11:30	Rose Gaberial Serrao req by Serrao family
Wed. Feb. 2	11:30	Jim Manion req by the MacDonald family
Thu. Feb. 3	11:30	Mr. & Mrs. Charles Furlong by R. LaRoche
Fri. Feb. 4	11:30	Georgie Ruddy req by Ruth LaRoche
Sat. Feb. 5	5:00	Kevin Coyle req by Carol Olson
Sun. Feb. 6	10:00	John Cotroneo req by Bill & Linda Martin

Pro populo – intentions of all parishioners

PARISH MEETINGS/EVENTS

Tue. Feb. 1	Liturgy Committee	7:30p	Centre
Wed. Feb. 2	Pastoral Council	7:15p	Centre
Sat. Feb. 12	Gourmet Dinner	6:00p	Centre

PLEASE REMEMBER OUR SICK

Eileen Marcella, sister of Jane Staples; Joanne Heffernan, Louis Guerin, brother of Margot Laliberte; Fr. Frank Kavanagh, omi; Luis Vasconcellos, Brian Davis, Louise Cole; Alma Cull; Vera & Brian Monahan; Stephen MacKinstry, Michael Carpinone, Gloria McAllister; Diane Verity, Margaret Quinn, Frances Arbour and Allan Scott.

Mass Times

Sunday 10am
Saturday 5pm
Weekdays 11:30am
(No mass on Mondays)
Sacrament of Reconciliation is a half an hour before mass or by appointment

Pastoral Team

Pastor:
Fr. Robert Smith, O.M.I

Pastoral Assistant:

Jane Staples

Secretary:

Kaye Boone

Pastoral Council Co-Chairs

Pam Dixon 613-592-5569

Connie Acelvare 613-234-0246

Meetings: 1stst Wed, 7:15pm

Finance Committee Chair

Bob Richer 613-738-4731

Development and Peace

Evelyn Kelly 613-235-6266

Diocesan Centre

1247 Kilborn Pl. 613-738-5025

Schools

Corpus Christi 613-232-9743

Immaculata 613-237-2001

Cemeteries

Hope Cemetery 613-822-1212

Notre-Dame 613-746-4175

Welcome to our guests and new parishioners who have chosen to be with us for this celebration. As we worship and pray together may your experience among us be one of peace and joy. Please join us for coffee after Sunday Mass. If you wish to register, please call the office 232-5347.

FINANCES – January 1 – December 31, 2010

	Actual	Budget
Revenue	\$228,134.75	\$210,550.00
Expenses	231,072.29	-226,370.00
DEFICIT	(2937.54)	-(15,820.00)

GOURMET DINNER

Another Gourmet Dinner is in the works. The date is Saturday, February 12 and seating is limited. Get your name in early (232-5347) so you won't be disappointed. Cost: \$50. per person. Further details to follow.

FOOD DRIVE

Next weekend you will see decals on the back windows for our food drive. We ask that you take one or two and return the food by February 20 as it will be delivered that Sunday after Mass.

HAVE A HEART

Valentine cookies on sale on Sunday, February 13. These are really delicious.

Proceeds for Carty House Residents. (House run by Sr. Maureen for refugee women)

LITURGY COMMITTEE

The word "liturgy" is derived from the Greek for the "work of the people". And so, this committee relies on the liturgy documents and sourcebooks to guide and provide a foundation for our liturgical celebrations. In addition, the sharing of gifts, talents, creativity and hard work of the community are all part of what it takes to have more personally, meaningful and community-building liturgies.

The Liturgy Committee meets monthly to prepare our liturgical celebrations. This committee consists of Teresa Gariepy, representing music,

Ken Hart, representing Prayers of the Faithful, Lucie O'Keefe, representing Eucharistic Ministers, Rosaline Hill representing Family Mass and Jane Staples. It would be helpful to have at least one representative from each of the liturgical ministries, i.e. Lectors, Decor, Presider's Assistants and Children's Liturgy of the Word.

The goal of this committee is to encourage and enhance "full, conscious and active participation" reflecting the unique spirit of our Parish Community.

This year one of the challenges will be to identify and implement certain objectives of the Pastoral Plan as it relates to the liturgical life of the parish. If you would like to participate, please call Jane at 232-5347.

NEEDED – RECYCLED MILK BAGS:

the colorful outer bags which hold the three smaller clear bags inside. These recycled bags are being used to make bed mats for Haiti. They provide an alternative to sleeping on the damp ground and protect them from biting insects and cuts from leaves/reeds. To learn more, go to www.recyclemilkbags.pbworks.com. You may also talk to Elinor Russell (521-6309) who is one of our parishioners involved in this project. You may bring the bags you save to the church office. Thank you so much for your co-operation in this worthwhile endeavour.

PRAYING FOR AN END TO THE "CULTURE OF DEATH"

Mass will be said on Saturday, February 5 at St. George's Church, 415 Piccadilly (off Wellington) at 10:00am with Fr. Benedict Enemu. Check for OC Transpo buses 613-741-4390

BOOST YOUR ENERGY IN FIVE MINUTES

Are you tired? Stressed? Have little or no energy? Over-energized? Often get colds or the flu? If so, then this event is for you! Learn energy boosting techniques you can do in 5 minutes. Laughter is the only side-effect. An expert will test your energy level and show you how you can regain your life by increasing your positive energy while reducing your negative energy. **Canadian Martyrs Church, February 5, 26 and March 26 from 9:30-12:00noon. Cost: \$20 per session. Pre-pay for the 3 and get a 10% discount. Contact: 613-234-0646. Spaces limited.**

WISH LIST

We are looking for a gently used living room couch and chair for our upstairs sitting room. We can arrange to have it picked up. If you can help, please call the office – 232-5347.

SPACE FOR RENT

A parishioner in Canadian Martyrs neighborhood is looking for a person to rent space in their home on a month-to-month basis. Interested persons can contact the parish office (232-5347) to give their name and contact number.

SUPPORT A STUDENT – Opportunity for charitable giving

Sad but true, there are now 7 students (male and female) ages 16 to 18, in our community forced to live in shelters because of various reasons. They are serious students and trying to finish their high school with no parental support. If you could see your way to providing a monthly donation, it would go far to help these students.

To date **people have been very generous** and most people have made cash donations **which we are able to**

receipt. These donations have been forwarded to the Chaplain and he is looking after the purchase and distribution of gift cards (Loblaws & Independent). As noted above, this is an ongoing endeavour.

PILGRIMAGE TO MALTA & SICILY

A Journey with Mary and the Saints. With Fr. Dennis Hayes, April 25 to May 7. Cost:\$3999. per person (based on double accommodation). Info: Gail Goshko 613-744-1418.

GALILEE CENTRE – 398 John, Arnprior 613-623-4242 (to register)

Feb. 11-13 – Fr. Joe Nassal, CSSP: "The Breath of Life: Honoring the Mystic Within". Most of us think mysticism is something beyond us. But as many of the great teachers of the spiritual life remind us, we can be modern day mystics through the practice of awareness.

Private/Single \$190. Shared/Double \$160 (includes accommodation, meals. Commuter \$100. www.galileecentre.com

MARRIED COUPLES – <http://www.wmcanada.org/>

Give each other the gift of time together and rediscover the depth of your love through a Worldwide Marriage Encounter Weekend. The next weekend in the Ottawa area: March 4-6/11. For more info or to register, please call Louise and Tim at 613-834-8348.