



# Canadian Martyrs Church

**✠ welcoming Oblate Parish**

100 Main Street, Ottawa, ON K1S 1C2  
Phone: 613-232-5347 Fax: 613-232-5694  
[www.canadianmartyrs.org](http://www.canadianmartyrs.org)

## Mass Times

Sunday 10am  
Saturday 5pm  
Weekdays 11:30am  
(No mass on Mondays)  
Sacrament of Reconciliation is a half an hour before mass or by appointment

## Pastoral Team

**Pastor:**  
Fr. Robert Smith, O.M.I.  
**Pastoral Assistant:**  
Jane Staples  
**Secretary:**  
Kaye Boone

**Pastoral Council Chair**  
John O'Keefe 613-736-8884  
Meetings: 3<sup>rd</sup> Tues, 7:15pm

**Finance Committee Chair**  
Bob Richer 613-738-4731

**Development and Peace**  
Evelyn Kelly 613-235-6266

**Diocesan Centre**  
1247 Kilborn Place  
613-738-5025

**Schools**  
Corpus Christi 613-232-9743  
Immaculata 613-237-2001

**Cemeteries**  
Hope Cemetery 613-822-1212  
Notre-Dame 613-746-4175

Please feel free to join us for coffee in the parish centre after Sunday mass.

FOURTH SUNDAY IN ORDINARY TIME

Jan. 30-31/10

## ANNOUNCED MASSES

Sat. Jan. 30	Alice Todkill req by her husband Pat
Sun. Jan. 31	Jim Manion req by Don & Nancy MacDonald Pro populo – for intentions of all parishioners
Tue. Feb. 2	Salvadora Fernandez & Roseline Dag Batista Serrao req by Kitty Serrao
Wed. Feb. 3	Ralph Pilgrim req by Bea & Bryan Davis
Thu. Feb. 4	Lisette Bourdeau req by Louise & Cor Kroon
Fri. Feb. 5	For the Holy Souls req by K. Serrao
Sat. Feb. 6	Len Boone req by his wife Kaye
Sun. Feb. 7	Pro populo – for intentions of all parishioners

## PLEASE REMEMBER OUR SICK

Eduardo Casas, Audrey Guillet, Grace Macli, Melva Muleski, mother of Marilyn; Alma Cull, mother of Theresa; Bruce Saunders, Cecile Lamoureux, wife of Leo; Gloria McAllister, sister-in-law of Peter; Jordan McGillis, Eva Nagy, Diane Verity, daughter of Shirley Eagen, Margaret Quinn and Frances Arbour.

## PARISH EVENTS

Tue. Feb. 2	Liturgy Committee	7:30pm	Centre
Sat. Feb. 6	Pizza Supper	6:00pm	Centre
Sun. Feb. 7	Family Mass	10:00am	Church
Wed. Feb. 10	Prayer Group	7:00pm	Centre
Thurs. Feb. 18	Sacramental Prep (Reconciliation)	7:00pm	Centre
Sun. Feb. 21	Enrollment/Sacramental Prep	10:00am	Church
Tue. Feb. 23	Joint Meeting Past. Coun/Finance	7:15pm	Centre

## PLEASE PICK UP YOUR INCOME TAX RECEIPT AT THE BACK OF THE CHURCH

## PRESIDER'S ASSISTANT/ALTAR SERVERS

We would like to introduce the ministry of Presider's Assistant (ADULTS) This role will be very similar to that of an altar server. At the moment we have 4 teams of altar servers covering 8 masses a month. We need more servers and/or Presider's Assistants. If you are interested in participating in this ministry, please call the office 232-5347

**Luke 4: 24** And He said, "Truly I tell you, no prophet is accepted in the prophet's hometown"

### “AWAKENING YOUR HEART”

Carty House, a home for refugee women, needs your support. Be sure to get your raffle ticket for the International Dinner for six. As well, bring your loonies and toonies to buy delicious, homemade Valentine cookies on February 14.

### LENTEN FAIR

On Sunday, February 21 at 11:00 am at Immaculata High School, 140 Main. Free will offering appreciated. Fun for the family. Activities, games and crafts. Free Lenten materials to take home. Lunch included: hot dogs, veggie dogs, cookies and fruit. Books, Chocolate, Fair Trade shopping and lots more! Learn how to celebrate Lent in your home. Lent is a fun, simple and meaningful way to prepare for Easter with your family. This event is hosted by Canadian Martyrs and the Church of the Ascension.

### AN INVITATION TO THE PRAYER GROUP

The Prayer Group invites anyone who would like to join them for an evening of prayer and reflection every second Wednesday evening at 7:15 in the Parish Centre. The next meeting will be on February 10. The Prayer Group generally follows the “Evening Prayer” as outlined in the Daily Missal. If you have a prayer request, paper and pen can be found on tables at the front and back of the church. The prayer box is located in front of the ambo (lectern). You may place your request in the box. The requests remain in the box and are prayed over but never read to respect the privacy of those requesting prayers.

### KINDERGARTEN REGISTRATION

Registration will continue into the spring at all Ottawa Catholic School Board elementary schools. If your child will be four or five in 2010, please phone your local elementary school (Corpus Christi 232-9743, 157 Fourth Avenue) for registration dates and times. School board #224-2222  
[www.ottawacatholicschools.ca/content.php?doc=5410](http://www.ottawacatholicschools.ca/content.php?doc=5410)

KAIROS (call of the moment) Spirituality-for-Social Justice Centre. A green brochure can be found at the back of the church.

[www.greysisters.ca/engagingwithourworld/newsandevents/documents/KairosPrograms.pdf](http://www.greysisters.ca/engagingwithourworld/newsandevents/documents/KairosPrograms.pdf)

### HEALING LOVE ACADEMY

at St. Paul University, Room 204 on the last Friday of the month. A new theme will be explored each month. The evening program consists of a presentation by a professional on the evening theme,

followed by discussion, questions and answers. Cost \$10. at the door. No registration required. Info: [www.healingloveacademy.com](http://www.healingloveacademy.com). Flyers and posters at the back of the church.

### THE OTTAWA PASTORAL CARE TRAINING PROGRAM – Basic Course

The Basic Course consists of 25 hours of training during one afternoon or evening a week for 10 weeks. It is important to attend the first two sessions. The Spring course begins on Monday, March 8 to May 10. 1:00 – 3:30pm or 7:00 – 9:30pm at St. Paul’s Presbyterian Church, 971 Woodroffe Avenue. Info: [www.ottawapastoralcare.com](http://www.ottawapastoralcare.com)

IF THERE WAS A POSSIBILITY THAT YOUR MARRIAGE COULD BE BETTER, would you take that chance? A Worldwide Marriage Encounter Weekend gives you that chance. Next Ottawa area weekend: February 19-21 Info: 613-834-8348 ([timandloucote@sympatico.ca](mailto:timandloucote@sympatico.ca))

### UNDERSTANDING TRUTH & RECONCILIATION

St. Basil’s Mission & Social Justice Committee invites you to a session on Indian Residential Schools and why we have a Truth & Reconciliation Commission in Canada. Presenter: Jackie Miller, Aboriginal Healing Foundation. Lunch provided. Saturday, Feb 13, 9:00am to 12noon. Parish Hal, 940 Rex Ave. Registration 613-729-5149x10 ([MissionandSocialJustice@gmail.com](mailto:MissionandSocialJustice@gmail.com))

### GRAND CATHOLIC TOUR OF ITALY

May 3-13/10. Join Fr. Paul shepherd on a tour including visits to: Rome, the Vatican, San Giovanni Rotondo, Lanciano, Loreto, Assisi, Siena, Florence/Tuscany and Venice. Contact Sandra at 6123-863-9939 or [sandra@agapetravel.ca](mailto:sandra@agapetravel.ca) – TICO#0156226

**In an age that smiles at the notion of devils and angels, a person known for having power over evil spirits must at least make us pause. And in a day when people speak of life as a “rat race”, one who devotes a whole life to solitude and prayer points to an essential of the Christian life in all ages. St. Anthony’s hermit life reminds us of the absoluteness of our break with sin and the totality of our commitment to Christ. Even in God’s good world, there is another world whose false values constantly tempt us.  
(St. Anthony of Egypt )**